



▼ **DIRECTIONS**

• **For 30 Days:**
Morning: Take 1 "Morning Packet" with Breakfast

Evening: Take 1 "Evening Packet" with Supper

Nighttime: Take 1 "Nighttime Packet" just before Bed. 2 hours away from other supplements, medications, and food.

• **Important:** Increase amount of liquid intake while taking Systemic Formulas Body Phase.

• Package Duration is at Practitioner Discretion. Full Package May Be Repeated By Direction of Practitioner.

#940 Body Phase

Impurities move from higher concentration to lower, thus preparing the body is crucial before the purification of the brain. In the body phase, you will take methylation support to the next level, achieve liver enterohepatic circulation cycle cleansing, enter the first level of intracellular cleaning, and support the mitochondria for optimal cellular energy.

▼ **USE FOR**

- Assist in preparing the body for purification of the brain.
- Assist healthy liver enterohepatic circulation cycle cleansing
- Supports normal methylation processes.
- Supports normal mitochondria function for optimal cellular energy.

▼ **SUPPLEMENTS**

• **Vista 1 (Membrane Regeneration)** – is a revolutionary product which supports cell membrane integrity via essential phospholipids, antioxidants, amino acids, and botanicals. This groundbreaking formulation provides essential and unique nutrients to the mitochondria, golgi, endoplasmic and plasma membranes. Vista Promotes healthy cell membrane structure and helps maintain overall health.

Key Ingredients: Cardiolipin, Phospholipids, Zeaxanthin

• **MoRs (Methylation Donor)** – Provides nutrients to support methylation, which promotes healthy homocysteine metabolism. Providing the L-5-methyltetrahydrofolate form of folate along with vitamins B6 and methylated B12, genistein, choline and a full herbalomic blend helps ensure better folate nutrition—especially in those with genetic variations in folate metabolism. Methyl molecules (CH3) serve thousands of metabolic processes including detoxification; and serving as "on/off" switches of genetic, chromosomal expression. Methyl molecules are necessary for intracellular metabolic function, and epigenetic expression of health.

Key Ingredients: 5-MTHF Vitamin B9, Methylcobalamin Vitamin B12, Genistein

• **eNRG (Quantum Cellular ATP Energy)**—Supplies key nutrients for the mitochondrial production of ATP (Adenosine Triphosphate), the chemical energy of life, coupled with

herbalomic® botanicals that support the epigenetic cellular metabolism for the citric acid cycle as well as its beta oxidative processes. Contains essential nutrient PQQ. Supports Mitochondrial Biogenesis.

Key Ingredients: PQQ-Prroloquinoline quinone, Glucono Delta Lactone, Coenzyme Q-10

• **GCEL (Intracellular Glutathione)** – The premier source of acetyl-glutathione in an herbalomic blend for maximum efficacy. Gcel provides a blend of herbalomic ingredients along with acetyl-glutathione designed to help boost the body's production of glutathione peroxidase, a primary antioxidant throughout the entire body. Glutathione plays an important role in protecting the body against oxidative stress and detoxifying harmful compounds. Preliminary research suggests glutathione may also help protect mitochondria—the principle source of cellular energy—from damaging pro-oxidant influences.* Historically, glutathione supplementation has been ineffective because it is degraded in the G.I. tract and in the bloodstream, thus supplemental sources have been difficult. That changed with the advent of "acetyl-glutathione," the only form to date that is clinically proven to reach the cells.

Key Ingredients: 5-Acetyl L-Glutathione, Alpha Lipoic Acid, 5MTHF

• **BIND (Toxin Elimination)** – is a "True Binder" that provides toxin and heavy metal binding matrices such as activated carbon and purified humates to support natural toxin elimination. Binds in a matrix that cannot be reabsorbed via the Enterohepatic circulation cycle. commonly referred to as a "drainage" support for the G.I. tract.

Key Ingredients: Activated Carbon, Baozene, Bacillus Coagulans

▼ **CONTRAINDICATIONS**

- Consult with physician if Pregnant, in Renal Failure, a recipient of an organ transplants, or if diabetic taking insulin.

▼ **NEXT PHASE**

• Brain Phase #941

▼ **INFORMATION RESOURCES**

• www.systemicformulas.com